

HUNTINGTON MEDITATION AND IMAGERY CENTER

One Day Meditation Retreat
Saturday, July 12, 2008, 10 a.m. – 5 p.m.

Plainly explained and practiced, meditation and spiritual development are a process of discovery. The spiritual aspects of your mind, imagination, body, and emotions and their many benefits can be discovered and verified by your own direct experience on this retreat.

The retreat is led by authors, therapists, and meditation and imagery scholars and teachers Bonney Gulino Schaub, R.N., M.S., and Richard Schaub, Ph.D. Since 1980, they have trained hundreds of health professionals internationally in the applications of meditation and imagery.

Place: Huntington Meditation and Imagery Center, Huntington, NY.

Cost: \$100. (Current students attend free.) Lunch included.

To Register: Contact us at 631.673.0293 or brschaub@optonline.net.

Acknowledgments

Oprah's O Magazine: "In Bonney and Richard's work, you may have just taken the first step toward finding peace of mind."

Larry Dossey, M. D., author of *Healing Beyond the Body, Reinventing Medicine*, and *Healing Words*: "Bonney and Richard Schaub offer a path that can lead to personal transformation and serenity."

Reverend Dr. Arthur Caliandro: "Tremendous help for me on my own journey."